

Our Instructors:
All are qualified, experienced adults.



Jennifer Grinwis

Nan's oldest daughter, Jennifer, has been here from the very beginning! Our owner and director attended the 1989 NC Governor's School in dance and participated in the Guilford County Junior Miss Scholarship Program in 1990 winning scholarships for her dance performance. She studied dance at UNC-G, and continues to further her training by enrolling in conventions and seminars. Other experience includes being a homeschooling mom to 4 children. Jennifer's dance teaching experience spans 22 years.



Lauren Stroud

Nan herself taught Lauren at our Yadkinville studio for fifteen years. She has her BA in dance from UNC-G. In high school and beyond, Lauren composed choreography, performed it, and won awards with her cheerleading team and show choir. At a competition in Atlanta, she was named All-Star dancer. This is Lauren's 17th year teaching with Nan's. When not dancing, her 4 children keep her busy.



Katrina Guiliano

Katrina grew up in a studio in Ohio where her mother taught dance. She has experience in all genres of dance and, more specifically, Cecchetti ballet training. She had teacher training through Dance Masters of America. Naturally, her two children are also great dancers. This will begin her 9th year teaching for Nan's.



Ashley Simmons

A dancer here at Nan's since age three, Ashley has experienced many dance genres. She recently graduated from UNC-G majoring in Elementary Education with a minor in Dance. She has many years of classroom management under her belt through helping at her church all her life and her full time position as a 4th grade teacher at Greensboro Academy. This year is Ashley's 6th year as a Nan's instructor.



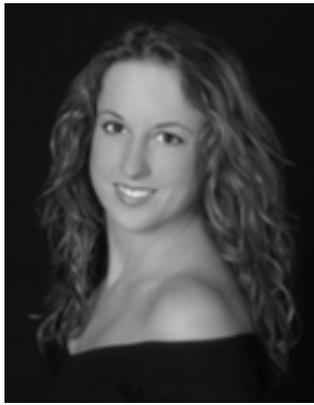
Heidi Echols

Originally from NC, Heidi Echols is an Associate professor and Chair of Dance Studies at Salem College in Winston-Salem, NC. She received her Master of Fine Arts from the University of North Carolina at Greensboro. Along with teaching dance theory and techniques, Heidi is also the artistic director of the Salem College Dance Company. Heidi has presented her work in New York City, Washington, DC, The American Dance Festival, and on tour with the NC Dance Festival. She has also produced and performed extensively in the Triad, NC. Heidi has presented her teaching pedagogy and research interests at multiple national conventions. She has been a member of the Nan's team since 2000.



Lauren Reel

Lauren has been teaching since age 18 and dancing since age 3. Like our other instructors, she has years of experience with children in a classroom setting. She was a dancer and choreographer for the Greensboro Revolution Arena Football League dance team. Her strengths include ballet, tap, jazz and hip hop plus being a great mother to her son! Certified in Early Childhood Education, she leads our preschool program with enthusiasm. She started with us in 2010.



Christine Stevens

Christine Bowen Stevens received her dance training from Duke University and the North Carolina School of the Arts. She holds a BA in Dance and MFA in Dance and Choreography from UNCG, and has toured, performed, and choreographed in various venues throughout the US. Christine has been teaching with Nan's since 2003. When she is not dancing, she enjoys spending time with her three kids and is always excited to share her passion for dance with the next generation.



Melissa Xayavong

Melissa grew up in Greensboro and is raising a family of her own. She attended Cindy Gill's School of Dance for fourteen years. She has experience choreographing for and performing with a dance team at college football bowl games. Melissa has also danced in Los Angeles and New York. She is known for her kid friendly choreography in recital routines. This will be Melissa's 17th year teaching with us, and she does a phenomenal job as our office manager!



Kayla McBane

Kayla started dancing with Jennifer at the Yadkinville studio when she was 3 years old. Now in her final year of a degree in kinesiology with a minor in dance at UNC-G, she is ready to share her knowledge. Through volunteering at church and training with us, she has experience with children of all ages. This is her 4th year teaching at Nan's.



Taylor Jeffers

Taylor began her dance training here with us at age 3! She furthered her training in dance and voice at East Carolina University finishing with a degree in Psychology in 2012. She works full time with high school aged special needs students in Guilford County Schools, but shares her dance talents with us also. This will be her 3rd year teaching with us at Nan's.



Kelsey Peeler

We have been dancing with Kelsey since she was 4 years old. She graduated with us and went on to Western Carolina and finished with a degree in Entrepreneurship with a dance minor in 2014. She taught while at college at a studio in Cullowhee gaining knowledge and experience with several age groups while there. This will be Kelsey's 2nd year teaching with us at Nan's.