

SCROLL DOWN FOR MORE LOCATIONS

Dance

New Garden

20 months-3 yrs old: MOMMY & ME: (30 minutes)

Monday	Tuesday	Wednesday	Thursday
		9:45 am (6 wk sessions)	

3 & 4 year old combination classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
4:30	5:45	10:15	5:30	
	6:00*FULL	4:45*FULL		

4 & 5 year old Pre-K combo classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
			1:30	4:15
	5:45			
			6:00	

5 & 6 year old combination classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
3:30	4:15			
5:15*FULL	6:45*FULL	4:00	6:15	

7, 8, & 9 year old Ballet, Tap, and Jazz: (1 hour)

Monday	Tuesday	Wednesday	Thursday
6:00*FULL		2:45 (ages 5-9, Home schoolers)	
7:00	5:00*FULL		

3rd grade Ballet, Tap, and Jazz: (1 hr. 15 min.)

Monday	Tuesday	Wednesday	Thursday
			4:30*

4th & 5th grade Extended Ballet, Jazz, Tap:

Monday	Tuesday	Wednesday	Thursday
	4:15-5:45*	5:30-7:00	

HIP HOP, COMPANY, PRESCHOOL, & CONTEMPORARY:

Monday	Tues.	Thurs.	Fri.
BOYS & GIRLS Just Jazz & Hip Hop Ages 8-11 6:45-7:30pm*FULL	PRE SCHOOL* 9 am-12 pm	PRE SCHOOL* 9 am-12 pm	Rising Stars – Company 4:30-5:30 pm
Performance Company Technique 6:30-7:30 pm		Young Hip Hop & Tumbling Ages 6 & 7 4:00-4:45 pm	Performance Company Ages 8-18 5:30-7:00 pm*
CONTEMPORARY Ages 12 & up 7:30-8:15 pm			

*MUST HAVE TEACHER APPROVAL TO ENROLL.

*Full preschool program (ABCs, 123s, plus dance, music, art!)

Class schedules are based on anticipated requests as of March 1st. We reserve the right to change, modify, or cancel any classes. Contact us with questions: **Nan's School of Dance, 1941 New Garden Rd Suite 102, Greensboro, NC 27410. #336-288-6141**

Save a spot online! www.nansdance.com

More Dance Classes...

The following dance classes are offered consecutively for your convenience. However, you may choose any combination of the disciplines below.

Grade/ Age	Class	Day/Time
6 th & 7 th 11-13 years	Ballet II Jazz II Tap II	Thursday 6:30-7:15 pm* FULL Thursday 7:15-8:00 pm* FULL Thursday 8:00-8:30 pm* FULL
8 th & 9 th 13-14 years	Ballet IV +PrePointe Jazz IV Tap IV	Tuesday 6:30-7:30 pm* Tuesday 7:30-8:15 pm* Tuesday 8:15-8:45 pm*
10 th -12 th 15-18 years	Ballet VI Jazz VI Tap VI	Wednesday 7:00-8:00 pm* Wednesday 8:00-8:45 pm* Wednesday 8:45-9:15 pm*
Adults	Zumba Barre Workout	See website http://nansdance.com/dance_class_descriptions.htm for current days & times

Karate

New Garden

Classes are each 45 minutes in length.

White/Yellow/Orange/Purple

Monday	Tue	Wednesday	Thurs
5:15			

All Levels Karate: All Belts

Monday	Tuesday	Wednesday	Thurs.	Saturday
		5:15*FULL		

Specialty Classes:

Monday	Tue	Wednesday	Th
6:00 Intermediate- Blue/Brown/Red/Black Belts		6:00 Girls Only	

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Dance

Lake Jeanette

3 & 4 year old combination class: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
5:45		5:00	5:15	

5 & 6 year old combination class: (45 min.)

Monday	Tuesday	Wednesday	Thursday
		5:45	
6:30			6:00

7,8, & 9 year old Ballet, Tap, & Jazz: (1 hour)

Monday	Tuesday	Wednesday	Thursday
		6:00	4:15

4TH & 5TH graders Extended Ballet, Jazz, Tap:

Monday	Tuesday	Wednesday	Thursday
6:00-7:30*			

HIP HOP, POINTE, CONTEMPORARY Classes:

Monday	Tuesday	Wednesday	Thursday
			POINTE 6:00-7:00 pm*
	BOYS ONLY Hip Hop & Tap Ages 6-10 6:15-7:00 pm		Just Jazz & Hip Hop Ages 8-11 6:45-7:30

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More Dance Classes...

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Grade/ Age	Class	Day/Time
6 th & 8 th 11-12 years	Ballet IIB Jazz IIB Tap IIB	Wed 6:15-7:00 pm Wed 7:00-7:30 pm Wed 7:30-8:00 pm
9 th -12 th 15-18 years	Ballet V Jazz V Tap V	Thursday 7:00-7:45 pm* Thursday 7:45-8:30 pm* Thursday 8:30-9:00 pm*
Adults	Tap Zumba & Barre Workout	Wednesday 8:30-9:15 pm See website http://nansdance.com/dance_class_descriptions.htm for current day & time

Dance

NORTHERN ARTS-Summerfield

3 & 4 year old ballet, tap, tumble class: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
			4:45	

5 & 6 year old ballet, tap, tumble class: (45 min.)

Monday	Tuesday	Wednesday	Thursday
			4:00
			6:30

7,8, & 9 year old Ballet, Tap, & Jazz: (1 hour)

Monday	Tuesday	Wednesday	Thursday
			5:30*FULL

10-12 year old Hip Hop & Tumble: (45 min.)

Monday	Tuesday	Wednesday	Thursday
			7:15

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Dance Classes

Yadkinville

NEW LOCATION:

**Tennessee St.—next to
Papa John's on Hwy 601**

BOYS ONLY 3-5 year old combination classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
4:30				

3 & 4 year old combination classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
	4:45			

4&5 year old combination classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
5:15				

6&7 year old combination classes: (1 hr..)

Monday	Tuesday	Wednesday	Thursday	Friday
			5:30	

6-9 year old TUMBLE classes: (30 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
			6:30	

POINTE & CONTEMPORARY Classes:

Monday	Tuesday	Wednesday	Thursday
		4:00-4:45 Pointe Ages 13 & up	
		4:45-5:30 Contemporary Ages 8 & up	

8 & 9 year old Ballet, Tap, and Jazz: (1 hour)

Monday	Tuesday	Wednesday	Thursday
			7:00

The following dance classes are offered consecutively for your convenience. However, you may choose any combination of the disciplines below.

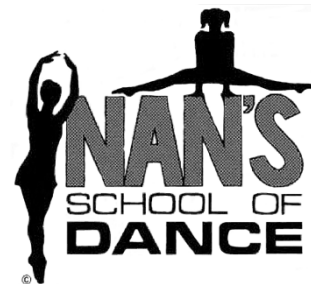
Grade/Age	Class	Day/Time
7 th -8 th grade	Ballet II	Thursday 4:00-4:30 pm*
	Jazz II	Thursday 4:30-5:00 pm*
	Tap II	Thursday 5:00-5:30 pm*
4 th -6 th grade	Ballet I	Tuesday 5:30-6:00 pm*
	Jazz I	Tuesday 6:00-6:30 pm*
	Tap I	Tuesday 6:30-7:00 pm*
9 th -12 th grade	Adv. Ballet	Monday 6:00-7:00 pm*
	Adv. Jazz	Monday 7:00-8:00 pm*
	Adv. Tap	Monday 8:00-8:30 pm*
Ages 8-18	Company	Tuesday 7:00-8:30 pm*
ADULTS	Jazz	Thursday 8:00-8:45 pm

***MUST HAVE TEACHER APPROVAL TO ENROLL**

This schedule is based on anticipated requests as of March 1st. We reserve the right to change, modify, or cancel class times. Every effort will be made to reschedule enrolled students to convenient times. Contact us if you need answers to questions:
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Pre-Register online at www.nansdance.com



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Athletic Training

New Garden

Class consists of drills to increase hand-eye coordination, speed, agility, and CONFIDENCE. This format is great for kids who don't thrive in the pressure of team play and for teams to sharpen their technique. Class is taught by certified instructors, guest coaches, & collegiate athletes.

These skills cross over **ALL SPORTS!**

All equipment provided.

Sept-Dec session ends with a **GYM DAY!**

Jan-April session ends with **FIELD DAY!**

(no extra charge for Gym or Field Day)

Once per week class..... only \$50/month

3 - 5 year old classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
3:45				

6 - 9 year old classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
4:30		4:30		
			5:45 (all ages welcome)	

10 & up classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
			7:00	

FULL TEAM workout time available:

Thursday 5:45-6:30 pm.....**Coaches!** Ask for the team discount.