

SCROLL DOWN FOR MORE LOCATIONS

Dance

**New Garden --1941 New Garden Rd,
Greensboro, NC**

2 yr -- Creative Movement & Tumble: (30 minutes)

Monday	Tuesday	Wednesday	Thursday
		9:45 am	

2 - 5 yr old -- PRESCHOOL for the ARTS:

Monday	Tuesday	Wednesday	Thursday
	9am-12pm**		9am-12pm**

3 & 4 year old BALLET/TAP/TUMBLE: (45 min)

Monday	Tuesday	Wednesday	Thursday	Friday
4:15 1 spot!	5:45	10:15	5:30	
	6:00 FULL	4:45		

4 & 5 year old BALLET/TAP/TUMBLE: (45 min)

Monday	Tuesday	Wednesday	Thursday	Friday
			1:30	4:15
			5:45 3 spots!	

5 & 6 year old BALLET/TAP/TUMBLE: (45 min)

Monday	Tuesday	Wednesday	Thursday	Friday
3:30	4:15		3:45	
5:00	6:45	4:00	6:15	

6 - 7 yr old HIP HOP/TUMBLE: (45 min)

Monday	Tuesday	Wednesday	Thursday
			4:00

6th grade & Up DANCE Classes...

The following dance classes are offered consecutively for your convenience. However, you may choose any combination of the disciplines below.

Grade/ Age	Class	Day/Time
6 th & 7 th 11-13 years	Ballet II Jazz II Tap II	Thursday 6:30-7:15 pm* FULL Thursday 7:15-8:00 pm* FULL Thursday 8:00-8:30 pm*
8 th & 9 th 13-14 years	PrePOINTE Ballet IV Jazz IV Tap IV	Tuesday 5:45-6:30 pm* FULL Tuesday 6:30-7:30 pm* FULL Tuesday 7:30-8:15 pm* FULL Tuesday 8:15-8:45 pm*
10 th -12 th 15-18 years	Ballet VI Jazz VI Tap VI	Wednesday 7:00-8:00 pm* Wednesday 8:00-8:45 pm* Wednesday 8:45-9:15 pm*
Adults	Zumba & POUND	See website http://nansdance.com/dance_class_descriptions.htm for current days & times

Class schedules are based on anticipated requests as of March 1st. We reserve the right to change, modify, or cancel any classes. Contact us with questions: Nan's School of Dance, 1941 New Garden Rd Suite 102, Greensboro, NC 27410. #336-288-6141

Save a spot online! www.nansdance.com

7, 8, & 9 year old Ballet, Tap, and Jazz: (1 hour)

Monday	Tuesday	Wednesday	Th
5:45 2 spots!	5:00 3 spots!	2:45(age 5-9, Homeschoolers)	4:30-5:45*
6:45			

8 - 11 yr old JUST JAZZ & HIP HOP: (45 min)

Monday	Tues	Wed	Thursday
6:45 BOYS & GIRLS 2 spots!			

8 - 13 yr old PRAISE & WORSHIP LYRICAL: (45 min)

Monday	Tuesday	Wednesday	Thursday
	5:00		

4th & 5th grade Extended Ballet, Jazz, Tap:

Monday	Tuesday	Wednesday	Thursday
	4:15-5:45* 2 spots!	5:30-7:00	

12 & up CONTEMPORARY: (45 min)

Monday	Tuesday	Wednesday	Thursday
7:30 3 spots!			

PERFORMANCE COMPANY:

Monday	Tue	Th	Fri.
			Rising Stars 4:30-5:30 pm
Technique 6:30-7:30 pm			JR & SR 5:30-7:00 pm*

*MUST HAVE TEACHER APPROVAL TO ENROLL.

**Full preschool program (ABCs, 123s, plus dance, music, art!)

Athletic Training

New Garden

Classes are each 45 minutes in length and include agility, speed, footwork, and hand-eye coordination drills.

4-9 yr olds:

Monday	Tue	Wednesday	Thurs
4:30 [4-6 yr old]		4:30 [7-9 yr old]	
5:15 [7-9 yr old]			

10 + yr olds:

Monday	Tuesday	Wednesday	Thurs.	Saturday
6:00		6:00		

GIRLS ONLY: ages 6-13 yrs.

Monday	Tue	Wednesday	Th
		5:15	

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Dance

**Lake Jeanette -3606-G North Elm Street,
Greensboro, NC**

3 & 4 year old BALLET/TAP/TUMBLE: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
4:15		5:00	5:15	

5 & 6 year old BALLET/TAP/TUMBLE: (45 min.)

Monday	Tuesday	Wednesday	Thursday
		5:45	
6:30			6:00

7,8, & 9 year old Ballet, Tap, & Jazz: (1 hour)

Monday	Tuesday	Wednesday	Thursday
5:00		6:30 1 spot!	4:15

8-11 yr old JUST JAZZ & HIP HOP: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
			6:45	

5TH & 7TH graders Extended Ballet, Jazz, Tap:

Monday	Tuesday	Wednesday	Thursday
6:00-7:30*			

6th Grade + DANCE Classes...

The following classes are offered consecutively for your convenience. However, you may choose to take any combination of these disciplines.

Grade/ Age	Class	Day/Time
6 th & 8 th 11-12 years	Ballet IIB Jazz IIB Tap IIB	Wed 6:15-7:00 pm Wed 7:00-7:30 pm Wed 7:30-8:00 pm
9 th -12 th 15- 18 years	Ballet V Jazz V Tap V	Thursday 7:00-7:45 pm* Thursday 7:45-8:30 pm* Thursday 8:30-9:00 pm*
Adults	Tap Zumba & POUND Workout	Wednesday 8:30-9:15 pm See website http://nansdance.com/dance_class_descriptions.htm for current day & time

BOYS ONLY -age 6-10--HIP HOP & TAP: (45 min)

Monday	Tuesday	Wednesday	Thursday
	6:15-7:00 pm		

CONTEMPORARY—age 10+: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
	5:30			

POINTE -age 15+:

Monday	Tuesday	Wednesday	Thursday	Friday
			6:00-7:00	

PRAISE & WORSHIP LYRICAL—age 8+: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
	7:00			

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Greensboro, NC 27410

#336-288-6141

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Irish Dance

5 years old & up: Beginner Irish (45 min-\$60/mo)

Monday	Tuesday	Wednesday	Thursday
4:15			

Novice Irish dance & above:

Monday	Tuesday	Wednesday	Thursday
5:00-6:30 pm*			

Dance Classes

Yadkinville

NEW LOCATION:

**Tennessee St.—next to
Papa John’s on Hwy 601**

BOYS ONLY 5-7 yr old JAZZ & TAP: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
4:00				

3 & 4 year old BALLET/TAP/TUMBLE: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
	4:45			

4&5 year old BALLET/TAP/TUMBLE: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
5:30				

1st & 2nd grade BALLET/TAP/JAZZ: (1 hr..)

Monday	Tuesday	Wednesday	Thursday	Friday
			6:15	

K – 3rd grade TUMBLE: (45 min)

Monday	Tuesday	Wednesday	Thursday
			7:15

4th grade & up HIP HOP & TUMBLE: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
			5:30	

POINTE & CONTEMPORARY Classes:

Monday	Tuesday	Wednesday	Thursday
		4:00-5:00 Pointe Ages 13 & up	
		5:00-5:45 Contemporary Ages 8 & up	

The following dance classes are offered consecutively for your convenience. However, you may choose any combination of the disciplines below.

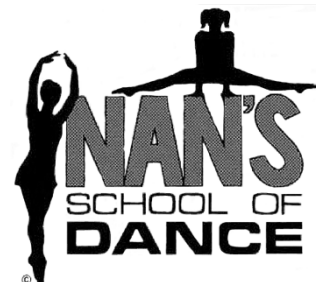
Grade/Age	Class	Day/Time
3 rd -4 th grade	Ballet I Jazz I Tap I	Tuesday 5:30-6:00 pm* Tuesday 6:00-6:30 pm* Tuesday 6:30-7:00 pm*
5 th -8 th grade	Ballet II Jazz II Tap II	Thursday 4:00-4:30 pm* Thursday 4:30-5:00 pm* Thursday 5:00-5:30 pm*
9 th -12 th grade	Adv. Ballet Adv. Jazz Adv. Tap	Monday 6:15-7:15 pm* Monday 7:15-8:15 pm* Monday 8:15-8:45 pm *
By audition only	Rising Stars Company	Monday 4:45-5:30 pm*
By audition only	Performance Company	Tuesday 7:00-8:30 pm*
ADULTS	Jazz	Thursday 8:15-9:00 pm

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This schedule is based on anticipated requests as of March 1st. We reserve the right to change, modify, or cancel class times. Every effort will be made to reschedule enrolled students to convenient times. Contact us if you need answers to questions:
Nan’s School of Dance, 1941 New Garden Rd. Suite 102
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#336-288-6141

Pre-Register online at www.nansdance.com



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Athletic Training

**New Garden—1941 New Garden Rd,
Greensboro, NC**

Class consists of drills to increase hand-eye coordination, speed, agility, and CONFIDENCE. This format is great for kids who don't thrive in the pressure of team play and for teams to sharpen their technique. Class is taught by certified instructors, guest coaches, & volunteer collegiate athletes.

These skills cross over **ALL SPORTS!**
All equipment provided.

Winter session includes a **GYM DAY!**
Spring session includes a **FIELD DAY!**
(no extra charge for Gym or Field Day)

Once per week class..... only \$50/month

4 - 6 year old classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
4:30				

7 - 9 year old classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
5:15		4:30		

10 & up classes: (45 min.)

Monday	Tuesday	Wednesday	Thursday	Friday
6:00		6:00		

FULL TEAM workout time available upon request.
Coaches! Ask for the team discount.